

TALK TO YOUR DOCTOR ABOUT PLAQUE PSORIASIS

Treating your mild-to-moderate plaque psoriasis may not always be easy. With this discussion starter, you could discover something different that might work to address your symptoms.

WHAT MATTERS MOST TO YOU IN A TREATMENT?

Check the statements below to have a discussion with your dermatologist about your mild-to-moderate plaque psoriasis:

- Potential side effects
- Seeing the results I expect
- A formulation that is not greasy
- My out-of-pocket cost
- The ability to get to hard-to-reach areas

Here are some supporting questions to consider when discussing treatment options with your dermatologist:

1. What is the severity of my psoriasis?
2. Do I have plaques in hard-to-reach or hard-to-treat areas?
3. Would a topical treatment be right for my condition?
4. Is a spray treatment a good option for me?

